

The New Mexico Sandplay Society (NMSS) and TeamBuilders Counseling Services, Inc. presents

“Sandplay and Trauma”

Saturday, May 5, 2012

10:00 am until 4:00 pm

Location: TeamBuilders Family Center
2504 Camino Entrada
Santa Fe, NM 87507



Presented By,
Lorraine R. Freedle, LISW, CST, Ph.D., ABPdN

Trauma penetrates the core of identity and hijacks brain functioning. Healing from trauma involves returning to the Self, reprocessing trauma, and developing the brain's capacity for self-regulation. This workshop will explore sandplay as a trauma-informed practice, its neuropsychology, and the specific conditions of sandplay that bring forth change.

Participants will:

1. *Improve understanding about diagnostic classifications of trauma including PTSD, attachment-related trauma, and complex developmental trauma.*
2. *Define trauma-informed practice and identify specific conditions of sandplay therapy that are particularly important in the treatment of trauma.*
3. *Gain knowledge about the effects of trauma on the brain and the neuropsychology of sandplay.*
4. *Improve effectiveness as a sandplay therapist in delivering trauma-informed treatment, practicing self-care, and preventing secondary trauma.*

Program Cost / CEU's: Free. Lunch will be provided. 5 CEU's will be awarded. Participants are encouraged to make donations to TeamBuilders or NMSS if they are able to do so. Suggested donation is \$50.

Registration: E-mail mdemers@teambuilders-counseling.org to reserve your place. Space is limited so please e-mail by 4/15/12.

Biography: Dr. Freedle is the co-founder and Chief Clinical Office of TeamBuilders Counseling Services, a large, non-profit children's community mental health agency with offices in Santa Fe and throughout New Mexico. She holds a doctoral degree in clinical psychology with a concentration in neuropsychology. She is a board-certified neuropsychologist and psychotherapist with over twenty years experience providing sandplay to children and adults. She is a clinical member of the Sandplay Therapists of America (STA) and the International Society of Sandplay Therapy (ISST). She is the president of the New Mexico Sandplay Society (NMSS), a member of the research committee for STA, and a recipient of the STA Research Award for her studies in sandplay and traumatic brain injury.